

Welcome to 2nd Chances  String Program

2023 - 24 Inaugural Season – Gail Teixeira, conductor and string coach

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2023.09.05 2nd Chances  String Program – Meet and Greet

Session Philosophy and Structure

I love to play bowed string instruments, and I'd like to share that enthusiasm with you so that you can have experience in three playing settings:



- (1) group playing with a conductor;*
- (2) informal group playing, by ear; and*
- (3) playing solos with a backing track.*

Typically the overall 2nd Chances program tends to focus on group playing with a conductor... The combo program adds in the group playing, with increased emphasis on playing by ear.

I am adding the component of playing with a backing track, because there are so many resources to do that kind of playing and it introduces you, as a player, to techniques for how to learn shortcuts and work arounds to prepare your part.

Suggestions - *part of the philosophy of being an independent learner, but part of a group effort*

Physical stamina - *How this fits into the philosophy and Session Structure*

Your 2nd Chances   String Program has a stamina building component in each lesson.


You decide what, and how much you can do at any time during the sessions; you choose how to take in the resources, material and playing opportunities.

Rest Breaks

There are specific breaks built into the sessions; feel free to add your own breaks at any time.

Recording the Sessions

To protect the privacy of participants, I request that anyone who wishes to record the string program sessions please consult with me, privately, before recording.

2nd Chances  String Program 2023 - 24 Inaugural Season
Gail Teixeira – conductor, string coach – text and voice (902) 483 3198
September 5.2023 (page 2 of 2 – participant handout)

What about the instrument and what music we are going to play?

Materials

*I have sufficient material to get us started for the first two weeks.
Specific method book - to be announced*

December concert material

It is worth the extra effort to be already playing this material in late September so that it is performance ready in December!



Instrument Maintenance

pegs strings bridge - if set up for fiddling, may need to consider options
bow hair bow grip bow turning screw
Cello and Bass - mandatory equipment: end pin protective stopper must be used at all playing events, including instructional group sessions
Violin / Viola - shoulder/chin rest support; individual fine tuners and /or adjustable pegs

Home Practice and Preparation

 music reading

 muscle memory

  Doing something on your instrument between the sessions, especially if you are having fun doing it, is always a benefit.


What do bowed strings sound like, played at the early levels?

Goals: clear tone play on one string
gets easier and more natural with those more accurate repetitions

What happens when I miss a session – or two or three?

Life happens

Do what you can

Choose the best way forward in your 2nd Chances  program experience

Location: Christ Church - Dartmouth - Parish Hall Building - Lower Hall

Civic Address - 61 Dundas Street Other programs may be in session in the area; if the parking lot is not in use, you can park there, or in the main sanctuary driveway area (ask for details)

Street is on a slight incline... Entrance is on a level -

Door is on level, but no automatic push button access

Accessible washrooms on the same level as instruction

Questions and Concerns